



Disability Pride Month - July 2024

Disability Pride Month is a time to celebrate the diverse abilities and contributions of individuals with disabilities. It originated from the disability rights movement, with the Americans with Disabilities Act (ADA) being signed into law on July 26, 1990. The ADA prohibits discrimination against people with disabilities in areas such as employment, public accommodations, and transportation. Disability Pride Month commemorates the ADA's legacy, recognizing its role in promoting accessibility, inclusion, and equal opportunities for individuals with disabilities. It is a time to advocate for continued progress in breaking down barriers and ensuring acceptance for all.

HOW CAN WE CELEBRATE?

- **Watch/listen to/read stories by people with disabilities:**
 - TedTalk by Stella Young: www.bit.ly/stella_young
 - TedTalk by Judith Heumann: www.bit.ly/499ALTc
 - The movie "CODA" on Apple TV
 - Disability Pride podcast: www.bit.ly/498eTaK
- **Advocate** for increased accessibility in your community
- Visit www.bit.ly/499a6Wz to learn more about the history and importance of the **American with Disabilities Act**



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