



Diwali - October 31 - November 4, 2024

Diwali, also known as the Festival of Lights, is one of the most significant Hindu festivals celebrated globally. Observed over a period of five days, Diwali typically falls between mid-October and mid-November, marking the triumph of light over darkness and good over evil. The festival holds religious, cultural, and social significance, with each day dedicated to various rituals and celebrations. Diwali is characterized by the lighting of oil lamps, fireworks, exchanging gifts, sharing sweets, and offering prayers to deities such as Lakshmi, the goddess of wealth and prosperity. It is a time for families to come together, strengthen bonds, and spread joy and positivity. Beyond Hinduism, Diwali is also celebrated by Jain, Sikh, and Buddhist communities, each observing the festival in their unique ways, emphasizing the universal message of peace, happiness, and the victory of righteousness.

HOW CAN WE CELEBRATE?

- Spend time with loved ones and **exchange gifts**
- Celebrate with popular **Diwali sweets** such as bengan ladoos, gulgule, and murkku
- Read books about Diwali **November**
- Attend **Diwali: Lights of India** at the Seattle Center on www.bit.ly/diwali_books



FROM YOUR DEI COMMITTEE
www.bit.ly/Proliance_Surgeons_DEI