



## Black History Month - February 2025

Black History Month, established to honor the achievements and contributions of Black individuals and communities, traces its roots back to historian Carter G. Woodson and the Association for the Study of African American Life and History (previously ASNHL). The focus of this month is on promoting awareness and education, fostering understanding, and acknowledging the ongoing challenges in the pursuit of equality and social justice. It serves as a meaningful opportunity to reflect on the enduring legacy of the Black community and contributions to society.

### HOW CAN WE CELEBRATE?

- Acknowledge that **Black History is American History**
- Support **Black-owned businesses**. Find a directory under the "Support Hub" tab at [www.seattlegood.org](http://www.seattlegood.org)
- Watch the movie ***Moonlight*** directed by Barry Jenkins
- Listen to the podcast ***The Black History Buff*** by Dr. Ty-Ron Douglas
- Read ***I Know Why the Caged Bird Sings*** by Maya Angelou
- Visit [www.blackhistorymonth.gov](http://www.blackhistorymonth.gov) to learn more



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