



French-American Heritage Month - July 2025

French-American Heritage Month, celebrated every July, honors the significant contributions of French-Americans to the United States. This month highlights the rich cultural, historical, and social influences of French heritage, from the Treaty of Amity and Commerce in 1778 to the gift of the Statue of Liberty in 1881. It's a time to appreciate the deep ties between France and America and the lasting impact of French culture on American society.

HOW CAN WE CELEBRATE?

- Cook **traditional French food** or visit French restaurants
 - Ratatouille
 - Crepes
 - Croque Monsieur
 - Macarons
- Support French media at www.theamericanfrenchfilmfestival.org
- Learn about the French and Indian War and its impact on the development of North America by reading ***The War That Made America*** by Fred Anderson
- Visit www.afseattle.org to find resources and events around the Seattle area
- Participate in **local festivals and activities** celebrating French heritage



THIS YEAR'S DEI THEME IS...

INTERSECTIONALITY

Learn more at www.bit.ly/Proliance_Surgeons_DEI